

★ Value for Your Fitness Dollar ★

## **All Group Classes**

- ★ No locked-in monthly membership fees or sign up fees!
- ★ You only pay for the actual classes you take!
- ★ 9 class punch card only \$96 Over 20% off the per class price of \$12.
- ★ Punch cards are **valid for 3 months** so vacations and doctor's appointments don't cost you.
- ★ The average cost of single 1 hour session at yoga studios and fitness centers across the country is \$12-\$30. By both local and national comparisons, we are a great value at \$9.60 per class with a 10 class punch card purchase or \$12 drop-in per class. Plus earn free classes!
- ★ Military Special. As an active-duty military family for 24 years, Wade into Fitness understands the unique sacrifices of military families. It is our pleasure to offer military and their family with ID (Active Duty or Retired) their first 3 Wade into Fitness classes FREE!
- ★ FREE informative monthly email newsletter.
- ★ Frequent Fitness bonus <u>FREE</u> class after every 10 consecutive classes taken!
- **★** Certified & insured instructor!
- ★ Large, open room for fitness.
- ★ Friendly community atmosphere and staff.
- ★ Wide variety of styles and disciplines incorporated everything from cardio dance and aerobic condition to yoga.
- ★ Classes are **fun**, **non-judgmental & respect different** levels of fitness & abilities.